

CLEVELAND STROKE CLUB

The Cleveland Stroke Club was founded in 1974 by William M. Pitts at Highland View Hospital. The Club was organized to bring together persons who have sustained a stroke and their caregivers for the purpose of mutual help, fellowship, education, resources, and service to others.

OBJECTIVES

Provide a supportive nurturing environment

Promote recovery

Enhance communication

Provide socialization and education

Participate in community outreach to promote community awareness

Provide information on community resources.

Share self-help techniques and coping strategies with caregivers and stroke survivors

To give and receive support and encouragement from other members

MEETINGS

We have two meetings each month. The **first Wednesday** of the month meeting is for Caregivers and Survivors of Stroke. We enjoy dinner (\$7.00 per person) together. Dinner is optional. After dinner each group separates for their respective meeting. The meeting is held at **Kindred Hospital**, located at 11900 Fairhill Road, Cleveland, OH. Reservations are required; call Dottie (440) 338-1136.

The **third Wednesday** of the month meeting is held at **Disciples Christian Church**, 3663 Mayfield Rd., Cleveland Heights. This is a dinner meeting (\$5.00 per person). After dinner, a guest speaker will present information relevant to caregivers and survivors of stroke. Reservations are not required.

Exceptions: There is no meeting at the Church in July or October. (see social events).

MEMBERSHIP

There are three types of membership, *Caregiver, Survivor, and Supporter*. Any person who has had a stroke and their family member(s) are eligible for membership while others, such as friends and professionals, are eligible

for *Supporter* membership. The annual dues are \$6.00 per person. Membership application forms are available at each meeting or you may use the form provided here.

THE RE-FOCUS

The Re-Focus, our monthly newsletter, is sent to all Club members and to professionals; social workers, doctors, nurses, medical personnel, and therapists, who are interested in supporting people who have suffered a stroke.

The newsletter is educational, entertaining and informative. The Re-Focus summarizes the events of the previous meeting, gives notice of the upcoming meeting, and provides articles of interest.

SOCIAL EVENTS

A free annual picnic takes the place of the third Wednesday meeting in **July**. An anniversary dinner is held on the third Wednesday of **October**.

You are Not alone - Please visit us.

Many of our members with aphasia also attend Speak Easy at Cleveland Hearing & Speech Center. Visit: www.chsc.org/speakeasy or call: 216-231-8787