








# May 2018

Sun	Monday	Tues	Wednesday	Thurs	Friday	Sat
	<p>Contact Info:  <b>Yellow shaded:</b> hosted by Cleveland Stroke Club. call: Geri 330-975-4320 or Deb 440-944-6794 or visit: <a href="http://www.clevelandstrokeclub.org">www.clevelandstrokeclub.org</a>  <b>Green shaded:</b> hosted by Cleveland Hearing &amp; Speech Center, call: 216-231-8787  <b>Blue Shaded:</b> hosted by Dwyer Conklin, MT Call or Text: 970/297-8506  <b>Purple Shaded:</b> hosted by Dr. Sharon Covey, OT Call or Text: 330-907-1969                      BOF, Call Mike Karban 216-548-5383</p>	<p><b>1</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>2</b>                      REFOCUS Stroke Club Board Meeting at Select Hosp. at 5:00-6:30. All Welcome.                      REFOCUS Stroke Club Caregiver &amp; Survivor Meeting at Select Hosp. at 6:30-8:30.                      Break Out Fitness 4:30-8:00</p>	<p><b>3</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>4</b>                      Group Music &amp; Exercise 12:00-1:00 in Independence                      Group Hand Exercise 12:00-1:00 in Solon                      Break Out Fitness 4:30-8:00</p>	<p><b>5</b>                      Cinco de Mayo</p>
6	<p><b>7</b>   Pet Visit 11:30-12:30   Speak Easy 1:00- 3:00   Music Therapy 3:15- 4:15                      Break Out Fitness 4:30-8:00</p>	<p><b>8</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>9</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>10</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>11</b>                      Group Music &amp; Exercise 12:00-1:00 in Independence                      Group Hand Exercise 12:00-1:00 in Solon                      Break Out Fitness 4:30-8:00</p>	<p><b>12</b></p>
13  Mother's Day	<p><b>14</b>   Speak Easy 1:00- 3:00   Music Therapy 3:15- 4:15                      Break Out Fitness 4:30-8:00</p>	<p><b>15</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>16</b> Ramadan                      REFOCUS Stroke Club Meeting at Disciples Church, Bingo at 5:30, Meeting 6:30-8:30                      Break Out Fitness 4:30-8:00</p>	<p><b>17</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>18</b>                      Group Music &amp; Exercise 12:00-1:00 in Independence                      Group Hand Exercise 12:00-1:00 in Solon</p>	<p><b>19</b>                      Armed Forces Day</p>
20	<p><b>21</b>   No Speak Easy   Music Therapy 1:00-2:00                      Break Out Fitness 4:30-8:00</p>	<p><b>22</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>23</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>24</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>25</b>                      Group Music &amp; Exercise 12:00-1:00 in Independence                      Group Hand Exercise 12:00-1:00 in Solon</p>	<p><b>26</b></p>
27	<p><b>28</b> Memorial Day  <b>CHSC CLOSED</b>  <b>NO Speakeasy</b></p>	<p><b>29</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>30</b>                      Break Out Fitness 4:30-8:00</p>	<p><b>31</b>                      Break Out Fitness 4:30-8:00</p>		