

January 2019

Sun	Monday	Tues	Wednesday	Thurs	Friday	Sat
	<p>Contact Info: Yellow : Cleveland Stroke Club. call: Geri 330-975-4320 www.clevelandstrokeclub.org Green: Cleveland Hearing & Speech Center, call: 216-231-8787 Blue: Dwyer Conkln, MT Call or Text: 970/297-8506 Purple : Dr. Sharon Covey, OT Call or Text: 330-907-1969 Gray: Break Out Fitness , Call Mike Karban 216-548-5383</p>	<p>1</p> <p>New Year's day</p>	<p>2</p> <p>RE-CUS Stroke Club Board Meeting at Select Hosp. at 5:00-6:30. All Welcome. RE-CUS Stroke Club Caregiver & Survivor Meeting at Select Hosp. at 6:30-8:30. Break Out Fitness 4:30-8:00</p>	<p>3</p> <p>Break Out Fitness 4:30-8:00</p>	<p>4</p> <p>Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	<p>5</p>
6	<p>7</p> <p>🔊 Speak Easy 1:00- 3:00 🎵 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00</p>	<p>8</p> <p>Break Out Fitness 4:30-8:00</p>	<p>9</p> <p>Break Out Fitness 4:30-8:00</p>	<p>10</p> <p>Break Out Fitness 4:30-8:00</p>	<p>11</p> <p>Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon</p>	<p>12</p>
13	<p>14</p> <p>🔊 Speak Easy 1:00- 3:00 🤝 Caregiver Meeting 1:30-3 🎵 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00</p>	<p>15 📖</p> <p>Book Club 10:30-12 Break Out Fitness 4:30-8:00</p>	<p>16</p> <p>📖 Westlake Book Club 10:30-12 🔊 Westlake Com Group 1:00- 3 RE-CUS Stroke Club Meeting at Disciples Church, Bingo at 5:30, Meeting 6:30-8:30 Break Out Fitness 4:30-8:00</p>	<p>17</p> <p>Break Out Fitness 4:30-8:00</p>	<p>18</p> <p>Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	<p>19</p>
20	<p>21 M L King Day</p> <p>CHSC CLOSED NO Speak Easy Break Out Fitness 4:30-8:00</p> 	<p>22 📖</p> <p>Book Club 10:30-12 Break Out Fitness 4:30-8:00</p>	<p>23</p> <p>📖 Westlake Book Club 10:30-12 🔊 Westlake Com Group 1:00- 3 Break Out Fitness 4:30-8:00</p>	<p>24</p> <p>Break Out Fitness 4:30-8:00</p>	<p>25</p> <p>Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	<p>26</p>
27	<p>28</p> <p>🔊 Speak Easy 1:00- 3:00 🎵 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00</p>	<p>29 📖</p> <p>Book Club 10:30-12 Break Out Fitness 4:30-8:00</p>	<p>30</p> <p>📖 Westlake Book Club 10:30-12 🔊 Westlake Com Group 1:00- 3 Break Out Fitness 4:30-8:00</p>	<p>31</p> <p>Break Out Fitness 4:30-8:00</p>	<p>Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	