










December 2018

Sun	Monday	Tues	Wednesday	Thurs	Friday	Sat
	<p>Contact Info: Yellow shaded: hosted by Cleveland Stroke Club. call: Geri 330-975-4320 or Deb 440-944-6794 or visit: www.clevelandstrokeclub.org Green shaded: hosted by Cleveland Hearing & Speech Center, call: 216-231-8787 Blue Shaded: hosted by Dwyer Conklin, MT Call or Text: 970/297-8506</p>		<p>Contact Info, Continued. Purple Shaded: hosted by Dr. Sharon Covey, OT Call or Text: 330-907-1969 Gray Shaded: Break Out Fitness , Call Mike Karban 216-548-5383</p>			1
2 Advent & Hanukkah begins	<p>3  Speak Easy 1:00- 3:00  Caregiver Meeting 1:30-3  Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00</p>	<p>4  Book Club 10:30-12 Last session. Resumes Jan. 15th. BOF 4:30-8</p>	<p>5  Stroke Club Board Meeting at Select Hosp. at 5:00-6:30. All Welcome.  Stroke Club Caregiver & Survivor Meeting at Select Hosp. at 6:30-8:30. Break Out Fitness 4:30-8:00</p>	<p>6 Break Out Fitness 4:30-8:00</p>	<p>7 Pearl Harbor Day Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	8
9 Western Reserve Concert, at Gesu 7:00	<p>10  Pet Visit 11:30-12:30  Speak Easy 1:00- 3:00 (Potluck Party)**  Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00</p>	<p>11 Break Out Fitness 4:30-8:00</p>	<p>12 Break Out Fitness 4:30-8:00</p>	<p>13 Break Out Fitness 4:30-8:00</p>	<p>14 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	15
16	<p>17 CHSC CLOSED NO Speak Easy Break Out Fitness 4:30-8:00</p>	<p>18 Break Out Fitness 4:30-8:00</p>	<p>19  Stroke Club Meeting at Disciples Church, Bingo at 5:30, Meeting 6:30-8:30 Break Out Fitness 4:30-8:00</p>	<p>20 Break Out Fitness 4:30-8:00</p>	<p>21 Solstice Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00</p>	22
23	<p>24 Christmas Eve CHSC CLOSED NO Speak Easy</p>	<p>25 <u>Christmas</u></p>	<p>26 Kwanzaa Break Out Fitness 4:30-8:00</p>	<p>27 BOF 4:30-8:00</p>	<p>28 Check with Dwyer Check with Sharon BOF 4:30-8:00</p>	29
30	<p>31 New Year's Eve CHSC CLOSED NO Speakeasy</p>	<p>Jan 1 New Year's Day</p>	<p>Jan 2  Stroke Club Meeting at Select Hosp. Break Out Fitness 4:30-8:00</p>	<p>Jan3 BOF 4:30-8:30</p>	<p>Jan 4 Check with Dwyer Check with Sharon BOF 4:30—8:00</p>	

****Speak Easy starts up again on Jan. 7th. Book Club starts on Jan. 15th.**