

**PLEASE NOTE: DUE TO COVID-19
WE HAVE CANCELLED OUR FACEJ-TO-FACE
MEETINGS BUT WE ARE LIVE ON ZOOM.
GO TO OUR WEBSITE TO SEE HOW YOU
CAN JOIN US:**

www.clevelandstrokeclub.org

Why ReFocus?

**All of us realize that we
can't make it alone.**

**With other's help,
we are now focusing our
attention on increasing the
skills and assets that we
have now, and our health
and overall
wellbeing.....together.**

**YOU are invited to tell us
YOUR story.**

YOU ARE NOT ALONE

Are you a stroke or brain injury survivor?
Are you a caregiver of someone who has
had these set-backs?

Do you need someone to listen to you
without judgment and understand what
you are experiencing?

Come to our meetings and meet others
who have had a similar experience.
You will be glad you did.

(Look inside for meeting details.)

Members have said:

*"I'm so happy to have found this
group. It can be a life-
changing experience."*

*"What a relief to know others
are out there who have
experienced what I am going
through."*

Cleveland Stroke Club

is a nonprofit organization that is tax
exempt under section 501©(3) of the
Internal Revenue Code and classified



**YOU ARE INVITED
TO ATTEND A MEETING OF**

The Cleveland Stroke Club

*a place where people who have
had a stroke or brain injury and their
caregivers can be understood,
socialize and learn about resources
and coping strategies.*

REFOCUS

You are NOT alone.

Founded by the late
William M. Pitts, MA, SLP
in 1974.

Geri Pitts, Executive Director
330-975-4320
pittsgeraldine@yahoo.com

Visit us at:
www.clevelandstrokeclub.org



CLEVELAND STROKE CLUB

Geri Pitts, Exec. Director: 330-975-4320
www.clevelandstrokeclub.org

The Cleveland Stroke Club was founded in 1974 by William M. Pitts at Highland View Hospital. The mission of the Cleveland Stroke Club is to enhance the lives of stroke survivors and their families through support, fellowship and socialization, education and advocacy.

OBJECTIVES AND BENEFITS

- ✚ Promote recovery
- ✚ Enhance communication
- ✚ Provide socialization and education
- ✚ Participate in community outreach to promote community awareness
- ✚ Provide information on community resources
- ✚ Share self-help techniques and coping strategies with caregivers and stroke survivors
- ✚ To give and receive support and encouragement from other members

MEETINGS

Usually we have two meetings each month. The **first Wednesday** of the month meeting is for Caregivers and Survivors of Stroke and brain injury. We enjoy dinner at a small cost together. Dinner is optional. After dinner each group separates for their respective meeting. The meeting is held at **Select Medical** (formerly Kindred Hospital), located at 11900 Fairhill Road, Cleveland, OH 44120. Reservations are required; call Kay 440-449-3309 or Deb 440-944-6794.

The **third Wednesday** of the month meeting is held at **Disciples Christian Church**, 3663 Mayfield Rd., Cleveland Heights. This is a dinner meeting, again at a small cost. After dinner, a guest speaker will present information relevant to caregivers and survivors of stroke. Reservations are also required (see above). Dinners begin at 6:30 p.m.

Exceptions: There is no meeting at the Church in August and starting time is different for June (see social events).

SOCIAL EVENTS

A free annual picnic takes the place of the third Wednesday meeting in **June**. An anniversary dinner at a local hotel is held on the third Wednesday of **August**.

MEMBERSHIP

Any person who has had a stroke or brain injury, as well as family members, friends and professionals are invited to become a member. The annual dues are \$8.00 per person. Membership application forms are available at each meeting.

ReFocus Newsletter

The ReFocus, our monthly newsletter, is sent to all Club members and to professionals; social workers, doctors, nurses, medical personnel, and therapists, who are interested in supporting people who have suffered a stroke/brain injury.

The newsletter is educational, entertaining and informative. The ReFocus summarizes the events of the previous meeting, gives notice of the upcoming meeting, and provides articles of interest.

You are NOT alone - Please visit us.

Many of our members also attend Speak Easy at Cleveland Hearing & Speech Center. Visit www.chsc.org/speakeasy or call: 216-231-8787

See cancellation notice on outside of brochure.