


















March 2019

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1	2
3	4  Speak Easy 1:00- 3:00  Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	5  Book Club 10:30-12 BOF 4:30-8:00	6  Westlake Com Group 1:00- 3 Break Out Fitness 4:30-8:00  Stroke Club Caregiver & Survivor Meeting at Select Hosp. at 6:30-8:30. Break Out Fitness 4:30-8:00	7 Break Out Fitness 4:30-8:00	8 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	9
10	11  Speak Easy 1:00- 3:00  Caregiver Meet 1:30-3  Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	12  Book Club 10:30-12 BOF 4:30-8:00	13  Westlake Com Group 1:00- 3 Break Out Fitness 4:30-8:00	14 Break Out Fitness 4:30-8:00	15 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	16
17	18  Speak Easy 1:00- 3:00 St. Pat's Party  Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	19  Book Club 10:30-12 BOF 4:30-8:00	20  Westlake Com Group 1:00- 3 Break Out Fitness 4:30-8:00  Stroke Club Meeting at Disciples Church, Bingo at 5:30, Meeting 6:30-8:30 Break Out Fitness 4:30-8:00	21 Break Out Fitness 4:30-8:00	22 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	23 Roger's Brew Day
24 Western Reserve Chorale Maltz 3PM	25  Speak Easy 1:00- 3:00  Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	26  Book Club 10:30-12 Last Session BOF 4:30-8:00	27  Westlake Com Group 1:00- 3 Break Out Fitness 4:30-8:00	28 Break Out Fitness 4:30-8:00	29 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	30
31	Contact Info: Green: Cleveland Hearing & Speech Ctr. call: 216-231-8787 Gray: Break Out Fitness , Call Mike Karban 216-548-5383		Contact Info: Yellow: Cleveland Stroke Club. call: Geri 330-975-4320 www.clevelandstrokeclub.org		Contact Info: Blue: Dwyer Conklin, MT Call or Text: 970/297-8506 Purple : Dr. Sharon Covey, OT Call or Text: 330-907-1969	