

July 2019

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	2 Book Club 10:30-Noon BOF 4:30-8:00	3 Westlake Book Club 10:30-12 Westlake Com Group 1:00- 3 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00 RE-FOCUS Stroke Club Caregiver & Survivor Meeting at Select Hosp. at 6:30-8:30.	4 Independence Day	5 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	6
7	8 Pet Visit 11:30-12:30 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	9 No Book Club BOF 4:30-8:00	10 NO Westlake Book Club NO Westlake Com Group Break Out Fitness 4:30-8:00	11 Break Out Fitness 4:30-8:00	12 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	13
14	15 Speak Easy 1:00- 3:00 Caregiver Meet 1:30-3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	16 Book Club 10:30-Noon BOF 4:30-8:00	17 Westlake Book Club 10:30-12 Westlake Com Group 1:00- 3 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00 RE-FOCUS Stroke Club Meeting at Disciples Church, Bingo at 5:30, Meeting 6:30-8:30	18 Break Out Fitness 4:30-8:00	19 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	20
21	22 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	23 Book Club 10:30-Noon BOF 4:30-8:00	24 Westlake Book Club 10:30-12 Westlake Com Group 1:00- 3 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	25 Break Out Fitness 4:30-8:00	26 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	27
28	29 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	30 Book Club 10:30-Noon BOF 4:30-8:00	31 Westlake Book Club 10:30-12 Westlake Com Group 1:00- 3 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	Contact Info: Yellow : Cleveland Stroke Club. call: Geri 330-975-4320 www.clevelandstrokeclub.org Green: Cleveland Hearing & Speech Center, call: 216-231-8787 Blue: Dwyer Conklin, MT Call or Text: 970/297-8506 Purple : Dr. Sharon Covey, OT Call or Text: 330-907-1969 Gray: Break Out Fitness, Call Mike Karban 216-548-5383		