

# September 2019

Sunda	Monday	Tuesday	Wednesday	Thurs	Friday	Sat
1	<b>2</b> Labor Day <b>NO SPEAK EASY,</b> <b>NO MUSIC THERAPY</b>	<b>3</b> No Book <b>Club</b>	<b>4</b> RSVP to CHSC for Next Session* Westlake Com Group 1:00- 3:00 Break Out Fitness 4:30-8:00 Stroke Club Meeting at Select Hosp. at 6:30-8:30	<b>5</b> Break Out Fitness 4:30-8:00	<b>6</b> Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	7
8	<b>9</b> RSVP to CHSC for Next Session* Pet Visit 11:30-12:30 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	<b>10</b> RSVP to CHSC for next Session* No Book Club BOF 4:30-8:00	<b>11</b> RSVP to CHSC for Next Session* Westlake Com Group 1:00- 3:00 Break Out Fitness 4:30-8:00	<b>12</b> Break Out Fitness 4:30-8:00	<b>13</b> Deadline to RSVP* Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	14
15	<b>16</b> Speak Easy 1:00- 3:00 Caregiver Meet 1:30-3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	<b>17</b> Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 4:30-8:00	<b>18</b> Westlake Writing Grp. 9:30-10:30 Westlake Book Club 10:30-12:00 Westlake Com Group 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00 Stroke Club Meeting at Disciples Church, Meeting 6:30-8:30	<b>19</b> Break Out Fitness 4:30-8:00	<b>20</b> Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	21
22	<b>23</b> Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	<b>24</b> Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 4:30-8:00	<b>25</b> Westlake Writing Grp. 9:30-10:30 Westlake Book Club 10:30-12:00 Westlake Com Group 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	<b>26</b> Break Out Fitness 4:30-8:00	<b>27</b> Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 4:30-8:00	28
29	<b>30</b> Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 4:30-8:00	*CHSC hosts book clubs and writing groups quarterly. RSVP →	Contact Info: Yellow : Cleveland Stroke Club. call: Geri 330-975-4320 <a href="http://www.clevelandstrokeclub.org">www.clevelandstrokeclub.org</a> Green: Cleveland Hearing & Speech Center, *call to RSVP: 216-231-8787. See the Website <a href="https://www.chsc.org/northeast-ohio-adults-communicating-together-neo-act">https://www.chsc.org/northeast-ohio-adults-communicating-together-neo-act</a>		Contact Info, Blue: Dwyer Conklin, MT Call or Text: 970/297-8506 Purple : Dr. Sharon Covey, OT Call or Text: 330-907-1969 Gray: Break Out Fitness , Call Mike Karban 216-548-5383	