

October 2019

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>Contact Info: Yellow : Cleveland Stroke Club. call: Geri 330-975-4320 Green: Cleveland Hearing & Speech Center, * call to RSVP: 216-231-8787</p>	<p>1 Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 3:30-7:00</p>	<p>2 Westlake Com Group 1:00- 3:00 Break Out Fitness 3:30-7:00 Stroke Club Meeting at Select Hosp. at 6:30-8:30</p>	<p>3 Break Out Fitness 3:30-7:00</p>	<p>4 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00</p>	5
6	<p>7 Pet Visit 11:30-12:30 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00</p>	<p>8 Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 3:30-7:00</p>	<p>9 Westlake Writing Grp. 9:30-10:30 Westlake Book Club 10:30-12:00 Westlake Com Group 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00</p>	<p>10 Break Out Fitness 3:30-7:00</p>	<p>11 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00</p>	12
13	<p>14 <u>Columbus Day</u> Speak Easy Break Out Fitness 3:30-7:00</p>	<p>15 Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 3:30-7:00</p>	<p>16 Westlake Writing Grp. 9:30-10:30 Westlake Book Club 10:30-12:00 Westlake Com Group 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00 Stroke Club Meeting at Disciples Church, Meeting 6:00-8:30</p>	<p>17 Break Out Fitness 3:30-7:00</p>	<p>18 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00</p>	19
20	<p>21 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00</p>	<p>22 Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 3:30-7:00</p>	<p>23 Westlake Writing Grp. 9:30-10:30 Westlake Book Club 10:30-12:00 Westlake Com Group 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00</p>	<p>24 Break Out Fitness 3:30-7:00</p>	<p>25 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00</p>	26
27	<p>28 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00</p>	<p>29 Writing Grp. 9:30-10:30 Book Club 10:30-Noon BOF 3:30-7:00</p>	<p>30 Westlake Writing Grp. 9:30-10:30 Westlake Book Club 10:30-12:00 Westlake Com Group 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00</p>	<p>31 <u>Halloween</u> Break Out Fitness 3:30-7:00</p>	<p>More Contact Info, Blue: Dwyer Conklin, MT Call or Text: 970/297-8506 Purple : Dr. Sharon Covey, OT Call or Text: 330-907-1969 Gray: Break Out Fitness , Call Mike Karban 216-548-5383</p>	