

December 2019

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 Speak Easy 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00	3 No Book Club BOF 3:30-7:00	4 Westlake Com Group 1:00- 3:00 Break Out Fitness 3:30-7:00 Stroke Club Meeting at Select Hosp. at 6:30-8:30	5 Break Out Fitness 3:30-7:00	6 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00	7
8 Western Reserve Chorale 3:00 Ch of Gesu	9 Speak Easy Holiday Potluck 1:00- 3:00 Music Therapy 3:15- 4:15 Break Out Fitness 3:30-7:00	10 No Book Club BOF 3:30-7:00	11 Westlake Com Group 1:00- 3:00 Break Out Fitness 3:30-7:00	12 Break Out Fitness 3:30-7:00	13 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00	14 Roger Brew Day
15	16 NO SPEAK EASY, NO MUSIC THERAPY Break Out Fitness 3:30-7:00	17 No Book Club BOF 3:30-7:00	18 Westlake Com Group 1:00- 3:00 Break Out Fitness 3:30-7:00 Stroke Club Meeting at Disciples Church, Meeting 6:30-8:30	19 Break Out Fitness 3:30-7:00	20 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00	21
22	23 NO SPEAK EASY, NO MUSIC THERAPY Break Out Fitness 3:30-7:00	24 No Book Club CHSC Closed	25 <u>Christmas</u> CHSC Closed	26 Break Out Fitness 3:30-7:00	27 Group Music & Exercise 12:00-1:00 in Independence Group Hand Exercise 12:00-1:00 in Solon Break Out Fitness 3:30-7:00	28
29	30 NO SPEAK EASY, NO MUSIC THERAPY Break Out Fitness 3:30-7:00	31 No Book Club CHSC Closed	Contact Info: Yellow : Cleveland Stroke Club. call: Geri 330-975-4320 www.clevelandstrokeclub.org Green: Cleveland Hearing & Speech Center, * call to RSVP: 216-231-8787. See the Website https://www.chsc.org/northeast-ohio-adults-communicating-together-neo-act		Contact Info, Blue: Dwyer Conklin, MT Call or Text: 970/297-8506 Purple : Dr. Sharon Covey, OT Call or Text: 330-907-1969 Gray: Break Out Fitness , Call Mike Karban 216-548-5383	