

Ohio State University Extension Offer of Free Financial Coaching

Hello! We are a team of financial coaches at Apprisen Consumer Credit Counseling Services and Ohio State researchers. We are looking for participants for a study about financial coaching for individuals who are diagnosed with a chronic brain injury. We are interested in learning about the financial hardship experienced as result of this injury and whether financial coaching can help improve financial hardship situations.

This free financial coaching program offers:

- Personal confidant & accountability partner
- Less stress
- Achieve financial goals:
 - Increase savings
 - Build credit
 - Plan for the future
- Access to free financial tools & resources

Participation in the financial coaching program includes:

- Up to 4 financial coaching meetings free of charge by Zoom video call or over the phone. Coaching meetings last about 60 minutes and are spread over six months.
- Short follow-up phone calls between coaching meetings with the financial coach.
- Survey questions and credit reports are used to support the financial coaching. All data will be confidential and stored securely.

Interested? Please contact us by email at financialcoach@osu.edu or at **614-292-4226**.

Participants must be 18 years of age or older and diagnosed with a chronic brain injury. If you have a guardian or have given a power of attorney (POA) to an individual to act on your behalf, we ask you to let us know in your response to this flyer. We would like to involve you and your legal representative in the financial coaching meetings. The financial coaching program is part of a larger research program about the role of financial coaching for recovery from chronic illnesses.

Thank you!

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